

## School Meals – Spring Term 2019

Week 3 menu w/e 11th Jan, 1st Feb,					
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	Mini pork sausages, mashed pots broccoli and gravy	Pepperoni pizza, mixed salad and seasoned wedges	Beef bolognese, pasta and cheese	Roast chicken, roasties, baby carrots and green beans	Jumbo cod fish finger, mini waffles, peas and sweetcorn
<b>Vegetarian</b>	Quorn sausages as above	Mushroom and pepper pizza as above	Veggie bolognese as above	Quorn fillet as above	Veggie Nuggets as above
<b>Dessert</b>	Muller yoghurt	Pink lady apple / pineapple wedge	Rhubarb, apple & cinnamon crumble, ice cream	Sunflower and pumpkin oat slice	Iced carrot cake

Week 1 menu w/e 18th Jan, 8th Feb,					
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	Chicken fillet burger. Herb diced pots. Cherry toms	Penne pasta, swedish meatballs in tom sauce	Cheese topped cottage pie. Crusty bread and veg	Roast Turkey roast pots, broccoli and carrots	Cod fishcake and pot wedges, baked beans
<b>Vegetarian</b>	Vegetarian burger as above	Mac and cheese	Veggie Cottage pie as above	Quorn fillet as above	Veggie Kiev as above
<b>Dessert</b>	Muller Yoghurt	Banana or Satsuma	Strawberry jelly and ice cream	Chocolate cherry brownie	Raspberry muffin

Week 2 menu w/e 25th Jan, 15th Feb					
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	Pork Sausage in finger roll, seasoned wedges. Carrot and cucumber sticks	Traditional beef lasagne, garlic bread sweetcorn & peppers	Chicken and rice, mixed veg	Roast Beef, yorkshire pud, roasties, Cauliflower & green beans	Jacket potato with salmon/ tuna / cheese/ beans
<b>Vegetarian</b>	Veggie Hot dog as above	Veggie Lasagne	Quorn pieces as above	Quorn fillet as above	Veggie as above
<b>Dessert</b>	Muller yoghurt	Granny Smith apple or Williams pear	Dorset Apple cake and custard	Strawberry Mousse	Oat and Raisin cookie